



Outdoor Play Days

Information for Parents / Cargivers

At Jump Up For Kids we provide enticing outdoor play environment, with a wide variety of upcycled loose parts and the children do what they do best...play!

The result is hours of unstructured play in which children imagine, create, develop their interests and passions and follow their instincts. Some of the activities children love at Jump Up For Kids are riding billy carts, making mud pies, building cubbies climbing trees, mud fights at the creek and sliding down hills on cardboard.

At Jump Up For Kids your children will get **wet, dirty** and probably **muddy**. Please be sure to send them in old clothes on the day they are visiting.

For more information about Jump Up For Kids visit:

www.jumpupforkids.com.au



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What to bring

We will be outdoors all day. Whilst there are many areas of shade available, it is essential that children wear sun-safe clothing at all times.

Children must wear:

- Sun-protective clothing that covers as much skin as possible
- Sunscreen and Insect repellent
- A hat that protects the face, head, neck and ears (ie no caps)
- Closed-toe shoes with socks (gumboots, joggers or crocs)

Your child should bring a backpack filled with:

- Sunscreen (50+ water resistant) and Insect repellent
- A spare pair of clothes and a spare pair of shoes and socks
- A reusable wet bags for wet clothes
- Enough food in an insulated container with cold blocks and a large water bottle
- A towel
- On rainy days - bring a Raincoat and gumboots
- Aqua Shoes for visiting the creek

